

WE ARE FAMILY



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Dick Batchelor Management Group

Tracy Pellegrino
FACTS/Wraparound Seminole

Anne Marie Sheffield
Wraparound Orange

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FFCFL STAFF
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Lead Family Coordinator
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Jo Chicoine
Administrative Assistant
jchicoine.ffcfl@gmail.com

Federation of Families of Central Florida, Inc., is a 501(c)3 non-profit organization that offers support, advocacy and education to children/youth with emotional, behavioral and mental health challenges and their families in Central Florida. We offer a variety of services such as monthly family meetings in Orange & Seminole Counties, peer-to-peer support, and warm line support. We provide workshops/trainings, community outreach events and IEP advocacy. We also partner with local organizations and services to meet the needs of families. What makes our organization unique is that we ourselves are primary caregivers of a child/youth with emotional, behavioral and mental health challenges. We empower families to utilize the System of Care and resources effectively for their children and to improve the quality of family life.

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New to Federation

SUPPORT

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ADMINISTRATIVE OFFICES:

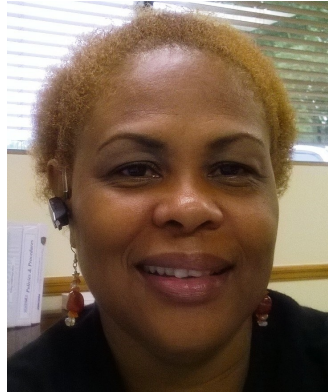
237 Fernwood Blvd.
Suite 101
Fern Park, FL 32730

CONTACT US:

Email:
info.ffcfl@gmail.com

Phone:
407-334-8049

WELCOME!

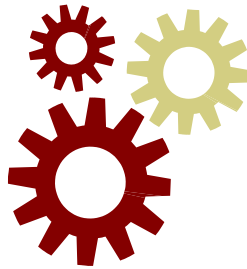


We are very excited to introduce our newest
Federation Board Member, Cheryl Molyneaux!

Cheryl brings to the table over 20 years experience in nonprofit leadership of organizations that provide services to individuals with mental health challenges. She is currently employed at Early Learning Coalition of Seminole in the position of Director of Finance. Cheryl served in the same capacity for Maryland Disability Law Center, the state's protection and advocacy agency for individuals with disabilities. She served as fiscal consultant on monitoring teams conducting fiscal and programmatic reviews of various states' protection and advocacy agencies that received federal mental health funds (SAMHSA). She served as Management Consultant to various law firms specializing in providing legal representation to individuals who were patients in mental health facilities. As an educator, Cheryl has served in various capacities from Associate Campus Dean to Professor of Accounting and Business. Cheryl earned her Bachelor's degree from University of the Virgin Islands, MBA from University of Baltimore and Doctorate in Organizational Leadership from Nova Southeastern University. Her experiences supporting individuals who provide direct services and her personal experiences in navigating an often inadequate system of mental health care has led to her desire to be a strong advocate for parity in the mental health care systems.

Cheryl stated that "joining the board of Federation of Families allows me to work to bring hope and help to families coping with raising a child/youth with mental health challenges."

Just can't
wait!



We're gearing up for the Gala!

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2014 BLACK TIE GALA

This year Federation of Families is very excited to announced our fantastic group of honorees!

- ◆ Katrina Bushner, Orange County Family Member
- ◆ Paulette Chang, Seminole County Family Member
- ◆ Mayor Teresa Jacobs, Orange County Mayor
- ◆ Debbie Driskell, Aspire Health Partners/Seminole Behavioral Health
- ◆ Marc Mero, Champion of Choices

Also, once again this year, we are grateful to have as our emcee, the award-winning former Channel 6 anchor, Lauren Rowe.

ADMINISTRATIVE OFFICES:

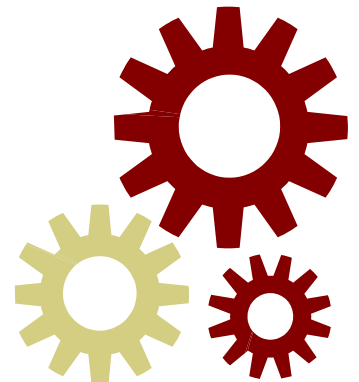
237 Fernwood Blvd.
Suite 101
Fern Park, FL 32730

CONTACT US:

Email:
info.ffcfl@gmail.com

Phone:
407-334-8049

On the next few pages, you'll find the Gala flyer along with the Sponsorship and Silent Auction Donation Forms. If you have any questions at all, need further information about the Gala or wish to make a donation, please contact Jo Chicoine at 407-334-8049 or jchicoine.ffcfl@gmail.com



Post pictures and comments using #FFCFLGala2014



The family voice for child and youth mental health.

2nd Annual Black Tie Gala

Reception - Dinner - Silent Auction - Entertainment

6:30 - 7:30 p.m.

Reception / Silent Auction

7:30 - 9:30 p.m.

Dinner / Program

Individual &

Corporate

Sponsorship Packages

www.FFCFLINC.org

*Donate an item for
Silent Auction!*



Katrina Bushner
Orange Co. Family Member



Debbie Driskell
Business Leadership Award



Mayor Teresa Jacobs
Champion of Children's Mental Health Award



Paulette Chang
Seminole Co. Family Member



Marc Mero
Faith-Based Award



Emcee, Lauren Rowe
Former Channel 6 award-winning anchor

Thursday, October 9, 2014

at the Rosen Centre

9840 International Drive, Orlando

Please join us as we honor three distinguished community leaders. Each honoree has achieved success, assumed leadership and supported our community in different ways. These great leaders support our mission in serving children/youth with emotional, behavioral and mental health challenges and their families.

We are also honoring two family members who have overcome many obstacles and challenges they faced while caring for a child/youth with emotional, behavioral and mental health challenges.

Individual Tickets

\$100

*Place an ad in our Gala
program! Ads start at \$75*

To purchase tickets or ads, or for more information please contact Jo Chicoine at 407.334.8049 or jchicoine.ffcfl@gmail.com



MISSION: We provide education, support and advocacy for the rights of children and youth with emotional, behavioral and mental health challenges and their families. We collaborate with the family run and other child serving organizations to transform mental health care.

SPONSORSHIP PACKAGE

THURSDAY, OCTOBER 9, 2014 (6:30 PM-9:30 PM)

ROSEN CENTRE HOTEL

INTERNATIONAL DRIVE, ORLANDO, FLORIDA

Tickets: \$100.00 per person * Black Tie * Reception * Silent Auction * Dinner *Program

Name: _____ Telephone: _____ Business : _____

Address: _____ City/State/Zip: _____ Email _____

Sponsorship: (please check):

- Platinum \$3,000.00 includes Table of 10, Platinum page ad, journal acknowledgement, honorable mention, recognition in newsletter, FaceBook "Like" and recognition/link to your website on www.ffcfinc.org for one year.
- Gold \$1,500.00 includes 6 tickets, Gold page ad, journal acknowledgement, honorable mention, recognition in newsletter and recognition on www.ffcfinc.org for one year.
- Silver \$1,000.00 includes 4 tickets, Silver page ad, journal acknowledgement, honorable mention, recognition in newsletter and recognition on www.ffcfinc.org for six months.
- Bronze \$750.00 includes 2 tickets, ½ page ad, journal acknowledgement, honorable mention, recognition in newsletter and recognition on www.ffcfinc.org for three months.

Journal Ads: (please note deadline for submission is **SEPTEMBER 1ST**). Mail your ad or business card to: Federation of Families of Central Florida, Inc., ATTN: Jo Chicoine, 237 Fernwood Blvd., Suite 101, Fern Park, FL 32730 or e-mail jchicoine.ffcfl@gmail.com.

(Please Check):

One-Half Page - \$500

One-Quarter Page - \$250

Business Card - \$75

Tickets:

____ # of Tickets @ \$100.00

____ I am unable to attend but would like to make a donation in the amount of: _____

Payment form: (Mail Check to: Federation of Families of Central Florida, Inc., ATTN: Jo Chicoine, 237 Fernwood Blvd., Suite 101, Fern Park FL 32730)

- Check payable to FEDERATION OF FAMILIES OF CENTRAL FLORIDA, INC.
- Credit Card Acct # _____ 3/4 Digit Security Code _____ Exp. Date _____
Signature _____
- Pay online at www.ffcfinc.org using PayPal, click on "Donate"

*****R.S.V.P. by SEPTEMBER 30, 2014*****

For More Information, please call Jo Chicoine – (407) 334-8049 , e-mail jchicoine.ffcfl@gmail.com or visit

www.ffcfinc.org



**Federation
of Families**
OF CENTRAL FLORIDA

SILENT AUCTION DONATION FORM

Thank you for donating an item for the silent auction. Please use one (1) form per item. Once you have completed the form, please mail the item along with this submission form to the address below. If you have any questions please contact JO CHICOINE at 407-334-8049 or jchicoine.ffcf@gmail.com.

Business Name: _____

Contact Name: _____

Phone Number: _____

E-Mail: _____

Item Value: _____

Item Description: _____

Please enclose this form by September 15, 2014 with your silent auction item to: Jo Chicoine, Federation of Families of Central Florida, Inc., 237 Fernwood Blvd. – Suite 101, Fern Park, FL 32730. **This form will be signed by the Executive Director and returned to you to serve as your tax deductible receipt.**

Thank you so much from all of us at Federation of Families of Central Florida, Inc.!
A 501(c)3 non profit - #80-0734198.

Please do not write below this line

FFCFL Staff
Received/Processed Date _____

FFCFL Staff
Processed By: _____

Muriel Jones, Executive Director
Federation of Families of Central Florida, Inc.
237 Fernwood Blvd., Suite 101
Fern Park, FL 32730

Date _____

Check
it
out!

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Here's a preview of some fantastic items
we'll have up for auction at the Gala!

ADMINISTRATIVE
OFFICES:

237 Fernwood Blvd.
Suite 101
Fern Park, FL 32730

CONTACT US:

Email:
info.fccfl@gmail.com

Phone:
407-334-8049



For a complete list, visit our website: www.fccflinc.org

We're so
proud!

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“The things you do for yourself are gone when you are gone, but the things you do for others remain as your legacy.”

— [Kalu Ndukwe Kalu](#)

Our Own Community Champion!



David Pollack, President - Molina Healthcare of Florida; Muriel Jones - Executive Director, Federation of Families; Glen Bogner, Regional Vice President, Molina Healthcare

Muriel Jones, Executive Director Federation of Families of Central Florida, Inc. was honored at the 5th Annual Molina Healthcare Community Champions Award Dinner. Molina Healthcare's Community Champions Award honors the "unsung heroes that work in our communities and inspire others through their selflessness, extraordinary service and contributions that positively affect the lives of those around them."

Individuals are nominated and selected by a panel of judges using the following criteria: overall community contributions and involvement, achievements or qualities of a nominee that show his/her commitment to serving those in need, and specific results demonstrating the positive influence a nominee's activities have had on the community.

Congratulations Muriel!

For more information on the award, visit Molina Healthcare's website:

www.molinahealthcare.com/members/common/en-US/abtmolina/whymolina/yourcomm/Pages/yourcomm.aspx

A Special Night

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Community Champions Award Dinner



(Above) David Pollack, President - Molina Healthcare of Florida; Thomas Benjamin, Face It Athletics, Inc.; Chelsea Hilend, The Grove Counseling Center, Inc.; Sue Redfern, Broward Foster and Adoptive Parent Association; Virginia A. Jacko, Miami Lighthouse for the Blind & Visually Impaired; Douglass Greist, Branches; Muriel Jones, Federation of Families of Central Florida, Inc.; Glen Bogner, Regional Vice President, Molina Healthcare

Congratulations!



Above (L to R): Crystal Lilly - Lead Family Coordinator, Federation of Families; Chelsea Hilend - The Grove Counseling Center; Angela Blaylock - Molina Healthcare; Muriel Jones; Mary Jo McHaney - Board Secretary, Federation of Families

ADMINISTRATIVE OFFICES:

237 Fernwood Blvd.
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Fern Park, FL 32730

CONTACT US:

Email:
info.ffcfl@gmail.com

Phone:
407-334-8049

Amazing!

Support.
Educate.
Advocate.

The only person you should try to be better than, is the person you were yesterday.

- Unknown

Be a H.E.R.O. Back to School Resource Fair

Saturday, July 26th at Fort Mellon Park in Sanford, Federation held its 2nd Annual Be a HERO Back to School Resource Fair and it was a huge success! In partnership with Youth M.O.V.E Seminole, Federation was able to distribute 253 backpacks loaded with school supplies! There were additional school supplies given away as well as face painting, gift giveaways, free ID cards for kids, snack & refreshments, and a DJ and talent show, along with all the great community resource providers that supplied information to the families that attended. Everyone had lots of fun in the beautiful Florida sunshine!

This was all made possible, in part, by the following individuals and organizations that contributed supplies, financial support, and time—both planning and at the event.

WE THANK YOU!

Youth MOVE - Above and Beyond Community Services - Representative Jason Brodeur - DJ Nicki – C - DJJ Circuit 18 - PNC Bank - Night Lite Pediatrics - Youth Advocate Program - Tracy Pelligrino, FACTS - Sea World and Aquatica - Publix - Tracy Olson, DJJ - Officer Zack Hudson - Chelsea Hilend, The Grove - Dana Giblock - Jules Padron - Sharon Nelson – The Mason's

We also want to thank all the community providers/vendors who shared their resources.

Aspire Health Partners - Boys Town - Children’s Home Society - Choices Programs - DJJ - Enroll America - ESTHER - Friends of Children & Families - Girls Scouts of Citrus - Seminole County Pubic Schools - Seminole Prevention Coalition - The Grove Counseling Center - Visions TCM - Wraparound Seminole - Youth Advocate Programs

BE A HERO

Help, Encourage, Respect Others

ACTIVITIES

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For more great pics, check out our website!
www.FFCFLINC.org

“Everyone is a genius. But if you judge a fish by its ability to climb a tree, it will live its whole life believing that it is stupid.”

- Albert Einstein



More HERO pictures!

ACTIVITIES

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“When we give cheerfully and accept gratefully, everyone is blessed.”

– Maya Angelou

For more great pics, check out our website:
www.FFCFLINC.org

Get connected...

Stay connected...

Stay up-to-date on our most current events, meetings and information for you and your family by connecting with us through social media and our website!

www.FFCFLINC.org

www.facebook.com/ffcfl

@FFCFL



“It’s not how much we give, but how much love we put into giving.”

— Mother Theresa

COMMUNITY OUTREACH EVENTS AND FAMILY MONTHLY MEETINGS IN SEMINOLE AND ORANGE COUNTIES



Andrea Clemens from www.AndreaSpeaksOut.com shared a heart-wrenching story of teacher sexual misconduct and warning signs to watch out for.



Dr. Sajid Hafeez, child and adolescent psychiatrist, and Suzie McCullough, LPN, both from University Behavioral Center.



(above) Our own Mary Jo McHaney, LMFT, talked to families about childhood trauma and its effects on the developing brain. (below) Muriel Jones addressed the students of Dr. Ana M. Leon from UCF's School of Social Work. What a great crowd! They'll make fantastic clinicians and therapists, etc.!



Look what
we've been
up to!

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COMMUNITY OUTREACH EVENTS AND FAMILY MONTHLY MEETINGS IN SEMINOLE AND ORANGE COUNTIES

May 3rd - Federation took part in the NAMI Walk Greater Orlando at Lake Lilly in Maitland.

May 29th - Molina Healthcare's Community Champions Awards Ceremony at The Signature Grand Hotel in Miami, FL.

June 19th - The Family Advisory Committee of Seminole County has its second meeting at Federation of Families' offices in Fern Park.

June 30th - Muriel Jones was invited by Dr. Ana M. Leon to speak to her students in the UCF School of Social Work regarding the family's journey surrounding mental health.

July 1st - Federation welcomed new roommates! NAMI Greater Orlando is now sharing the offices in Fern Park.

July 16 - 20 - Muriel Jones attended the Annual Georgetown Training Institutes Conference in Washington D.C. The National Technical Assistance Center for Children's Mental Health at the Georgetown University Center for Child and Human Development offers Training Institutes on improving services and supports for children, adolescents, and young adults with or at risk for mental health challenges and their families.

July 22nd - Federation held a WRAP training - Wellness, Recovery Action Plan - at the CBC Center in Sanford. It was skillfully facilitated by Crystal Lilly of Federation of Families and Verlese Pender of Youth M.O.V.E. Seminole.

July 23rd - Federation attended the Child Abuse Prevention Committee for Circuit 9's first meeting. This committee meets monthly and will create the Abuse Prevention Five Year Plan that goes to the Governor's Office next year.

July 23rd and 24th - Federation held a Certified Recovery Peer Specialist Training facilitated by Crystal Lilly.

July 24th and August 12th - Federation hosted a CANS training facilitated by Crystal Lilly and Norin Dollard from University of South Florida.

July 26th - Federation held the 2nd Annual HERO Back to School Resource Fair at Fort Mellon Park in Sanford.

August 4th - Federation partnered with the Dept. of Juvenile Justice for the Annual Back to School BBQ at Liberty Park in Lake Mary.

August 22nd - Federation and Wraparound Orange begin their Writing Workshop for Adults, "Fighting Stigma With Stories."

"Change your thoughts and you change your world."

– Norman Vincent Peale

What's Next for Federation?

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COMMUNITY OUTREACH EVENTS AND FAMILY MONTHLY MEETINGS IN SEMINOLE AND ORANGE COUNTIES

August 23rd - Federation participated in Macy's Shop For A Cause event.

August 26th - Muriel addressed the young ladies at Valor Transitional Living for Girls in Orange County.

August 27th - Federation's Welcome Back Bash for families in Orange County.

September 6th - Federation will be at the 12th Annual Caribbean Health Summit at the Central Florida Fairgrounds, 4603 West Colonial Drive, Orlando 32818 from 8 am until 2:30 pm. This event is put on by the Center for Multicultural Wellness and Prevention.

September 18th - Family Advisory Committee meeting

October 4th - Federation will be participating in the 13th Annual Tom Joyner's Take a Loved One to the Doctor Day at Barnett Park in Orlando from 10 am until 2 pm. Come and take advantage of the FREE medical exams/testing such as Cholesterol testing, HIV testing, Glucose, BMI's, Mammograms, Prostate exams, STD, and Hearing tests.

October 9th - FEDERATION'S 2ND ANNUAL BLACK TIE GALA!! #FFCFLGala2014

October 18th - Federation's 3rd Annual Stigma Free Zone at Blanchard Park YMCA in Orlando from 10 am until 2 pm. See the flyer on page 16

November 13 - Federation will welcome Lucas Boyce from the Orlando Magic to speak to our youth!

November - No Family Meetings due to the holiday

December - Holiday Party for families

February 2015 - Federation will be doing another *Magic Night* of Orlando Magic basketball - check back for dates and information.

"We can complain because rose bushes have thorns, or rejoice because thorn bushes have roses."

- Abraham Lincoln



We listen... We care



That's a
Wrap!

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“Until we have seen someone’s darkness, we don’t really know who they are. Until we have forgiven someone’s darkness, we don’t really know what love is. “

- Marianne
Williamson

What is Wrap Café?

The Federation of Families of Central Florida is a family run organization which is family driven and youth guided. Strong family advocates who wish to be more involved with the system of care process in Orange County are invited to join the Wraparound Café. This group prioritizes the needs of the families who attend the Federation Monthly Gatherings in Orlando. Café participants help with planning of gatherings or events; such as speaker solicitations, community outreach and provider invites to the Federation Family Meetings and more. Café’ participants serve as hosts and greeters to ensure that new families who attend Federation Nights always feel welcomed. Special projects are also assigned to this group to ensure that the family voice is included in the system of care process. The Café group works on the development of tools and written instruments that will help families cope with youth mental health challenges. The Wraparound Café group is always looking for new members.

Get Involved!

For more information, or to get signed up, please contact

Patrick Delorme, Wraparound Orange County at

(407) 836-6569.

The Café meets every first Tuesday of the month

from 12-1pm in Orlando.

Lunch is provided, so RSVP is required.



**Federation
of Families**
OF CENTRAL FLORIDA



WELCOME BACK

CELEBRATION!!!

August 27, 2014

5:00pm— 7:00PM

- Meet and Greet
- Be Part of the Movement
- Get Involved
- Help Celebrate Family Voice
- Nothing about us/Without us
- Join Us
- Dinner Provided
- Childcare

**For more information
contact Patrick
Delerme @407-836-6569**

**Wittenstein Cottage
1784 E Michigan Street
Orlando, FL 32806**





Community Outreach



**MENTAL HEALTH
AWARENESS
2014
"LET'S ELIMINATE
STIGMA"**

Highlights

- Vendors
- Information/ Resources
- Rock Climbing Wall
- Fun Activities
- Free Food/Snacks

3rd Annual: STIGMA FREE ZONE

Blanchard Park YMCA Family Center
10501 Jay Blanchard Trail, Orlando, FL 32817 (Off Rouse Road)

Contact Patrick 407-836-6569

Time: 10:00-2:00 PM

Date: 10/18/2014 (Saturday)



**Federation
of Families
OF CENTRAL FLORIDA**

SEMINOLE COUNTY MEETINGS

- LAST THURSDAY OF EVERY MONTH: FFCFL Family Meeting 5:30pm - 7pm
Location to be determined (Dinner & Childcare Provided)
- FAMILY CAFÉ - Will be held in conjunction with Youth MOVE Junior and is being scheduled at this time. More information to follow.
- GRANDPARENTS MEETING - 2nd Tuesday of the month; 11:30am -12:30 pm at the CBC Service Center, Sanford.
- FAMILY FUN NIGHT - Contact Crystal for more information.

YOU MUST RSVP TO: Crystal Lilly, Lead Family Coordinator
clilly.ffcfl@gmail.com
407-346-3248

ORANGE COUNTY MEETINGS

- FIRST TUESDAY OF EVERY MONTH: Wrap Café 12 - 1 pm, Wraparound Orange, Wittenstein Cottage, 1784 E. Michigan St., Orlando, FL (Lunch provided)
- FAMILY FUN NIGHT - Postponed until further notice. Contact Patrick below for information.
- THIRD WEDNESDAY OF EVERY MONTH: FFCFL Family Meeting 5 pm - 7 pm
Wraparound Orange. Wittenstein Cottage, 1784 E. Michigan St., Orlando, FL (Dinner & Childcare Provided)

YOU MUST RSVP TO: Patrick Delerme, Lead Family Contact
patrick.delerme@ocfl.net
407-836-6569



The family voice for child and youth mental health

“Serving Seminole, Orange and Osceola Counties”

237 Fernwood Blvd., Suite 101
Fern Park, FL 32730

(407) 334-8049
Info.ffcfl@gmail.com
www.ffcflinc.org

* *

NEXT ISSUE OF “WE ARE FAMILY” NEWSLETTER WILL BE DECEMBER 2014. PLEASE E-MAIL OR CALL US TO GET ON OUR MAILING LIST FOR UPCOMING EVENTS AND FUTURE NEWSLETTERS.

MISSION STATEMENT: Provide support, education and advocacy to children/youth with emotional, behavioral and mental health challenges and their families in Central Florida .

VISION STATEMENT: Through a family and youth-driven approach, children and youth with emotional, behavioral and mental health challenges and their families obtain needed supports and services so that children grow up healthy and able to maximize their potential.

HOW CAN YOU GET INVOLVED?

Federation of Families of Central Florida (“FFCFL”) serves Seminole, Orange and Osceola Counties. There is something for everyone! What is more important is **YOUR VOICE COUNTS!**

- ⇒ Participate in FFCFL’s informal monthly meetings.
- ⇒ Volunteer your skills and talent.
- ⇒ Become part of a subcommittee.
- ⇒ Offer suggestions for workshops or trainings.
- ⇒ Tell others about FFCFL.
- ⇒ Help reduce the stigma of mental health.



THANK YOU TO OUR SPONSORS!

Thanks to Molina Healthcare for continuing to sponsor our Seminole County Monthly Family Meetings’ Dinners!

Molina Healthcare has donated toward the Federation since 2012 and continues to partner with the Federation of Families to bring support and education to our community.



Thank you Seminole Behavioral Healthcare for continuing to partner with us by providing donated office space for our administrative offices.

Seminole Behavioral Healthcare has provided us this space since December 2012.



HOW CAN YOUR ORGANIZATION HELP?

- Sponsor one of our family meetings or outreach events*
- Become a partner/sponsor in “Our First Steps”. Go to our website at www.ffcflinc.org and click “Our First Steps”. **
- Help us help families and reduce stigma of mental health.

“Some people want it to happen, some wish it to happen, others make it happen.”

Anonymous

*Recognition in quarterly newsletter, website and event.

**Recognition in quarterly newsletter, website, materials, social media, press releases, website link and other incentives.