



- **EVERY TUESDAY – 3:30 PM**

LEAN ON ME SUPPORT GROUP – ENGLISH

This is a closed group for parents / caregivers raising a child with an emotional, behavioral or mental health need.

MUST CONTACT [mjones@ffcflinc.org](mailto:mjones@ffcflinc.org) to participate in this meeting.

- **EVERY WEDNESDAY – 12:00 PM (NOON)**

PEER SUPPORT FOR PROFESSIONALS

Peer support group for professionals working with families/youth.

Zoom meeting ID: 89401330683

Passcode: 981070

To dial in call 646-558-8656 then enter the code: 89401330683

- **EVERY WEDNESDAY – 6:30 PM TO 7:30 PM (unless it is In-Person)**

WEEKLY FAMILY MEETING

Meeting to share resources and specific topics.

MUST CONTACT [upalmer@ffcflinc.org](mailto:upalmer@ffcflinc.org) to receive weekly link or information for in-person meeting.

- **EVERY THURSDAY – 5:00 PM TO 6:00 PM**

LEAN ON ME SUPPORT GROUP – SPANISH

This is a closed group for parents / caregivers raising a child with an emotional, behavioral or mental health need.

MUST CONTACT [Karla.Martinez@breakthroughorange.org](mailto:Karla.Martinez@breakthroughorange.org) or [upalmer@ffcflinc.org](mailto:upalmer@ffcflinc.org) to participate in this meeting.