

IMPOWER: CENTRAL FLORIDA CARES PROGRAM

Providing FREE Mental Health Services through Telehealth



Through a new partnership with Central Florida Cares Health System, IMPOWER is now offering **no cost** mental health services in Brevard, Orange, Osceola, and Seminole Counties to both children and adults through Telehealth.

Eligibility: To qualify for **no cost** services individuals must be uninsured and meet the Temporary Assistance for Needy Families (TANF) guidelines for poverty.

What is Telehealth?

Telehealth is a way to provide services online through a secure, HIPPA compliant, private, and live video connection. Appointments can be secured on a smartphone, tablet, or computer that has video conference capabilities.

Benefits of Telehealth

- Easier to schedule/more available appointments
- Decreases wait times
- Reduces travel time and costs
- Decreases missed school or work
- Increases the number of practitioners you can choose
- Increases privacy
- Decreases stigma

Clinic & Mental Health Care Services

Provided by Highly Qualified Therapists and Physicians

Outpatient Treatment & Counseling: treatment for children, adolescents, adults and families who are experiencing mental health, substance abuse or behavioral health problems.

Psychiatric Clinics & Medication Management: Our Psychiatric Team offers evaluation and medication management.

Central Florida CARES Case Management: Case Management assists and provides support to clients with services that are essential to meeting basic human needs and monitors overall service delivery. Provides coordination and linkage to needed services for clients that are uninsured and meet the TANF poverty guidelines.

For more information call IMPOWER at 321.639.1224 or email us at: referrals@impowerfl.org